

## OUR STORY

Upham is a growing collection of pubs with rooms, in the south of England. Each inn celebrates it's own unique character & local community that it serves. We celebrate our idyllic locations & believe we have a responsibility to protect the countryside that surrounds us, for now & future generations.



## SAVE ON SIPS HAPPY HOUR

3 - 6:30pm Mon - Fri

£1 off a pint of draught beer\*  
25% off cocktails & wine



\*Includes Grolsch & Dark Star from £3.95



## WE CARE

Our carefully considered offering of ever growing products with purpose are highlighted within our list with either a bee or tree symbol.

Celebrating our partnerships with like-minded suppliers in support of our vision (with your help) to become more environmentally friendly & carbon neutral in every choice we make.



Each drink highlighted with a tree symbol indicates a 'sustainable story'.

## APERITIFS & SPRITZ

<b>Aperol Spritz</b> .....	£10.25
Aperol Italian aperitif, prosecco, soda water & an orange slice	
<b>Beesou Spritz</b> .....	£9.95
Beesou honey aperitif, prosecco, soda water & pink grapefruit slice	
<b>Spiced Ginger Spritz</b> .....	£8.95
Makai spiced rum, ginger beer, soda water & lime slice	
<b>Sunshine Spritz</b> .....	£8.50
Limoncello, prosecco, soda water & lemon slice	
<b>Codigo Paloma Spritz</b> .....	£12.75
Codigo Rosa tequila, pink grapefruit, prosecco & grapefruit slice	

## COCKTAILS

<b>Mojito</b> .....	£10.50
White rum, sugar syrup, lime juice & soda water	
<b>Pornstar Martini</b> .....	£10.95
Absolut vodka, passion fruit purée & lemon with a shot of prosecco	
<b>Botanical Smash</b> .....	£10.50
Bombay Sapphire gin, lemon, St Germain elderflower liqueur, blackcurrant, cranberry & mint	
<b>Old Fashioned</b> .....	£10.50
Maker's Mark bourbon, Angostura bitters, sugar syrup & water with orange slice	
<b>Espresso Martini</b> .....	£10.25
Absolut Vodka, Kahlua, vanilla & Moon Roast double espresso	
<b>Peach or Passion fruit Bellini</b> .....	£8.95
Peach or passion fruit purée with prosecco	
<b>Negroni</b> .....	£9.50
JJ Whitley London dry gin, Martini Rosso & Campari	
<b>Baby Guinness</b> .....	4.25
Delicious shot made to look like a mini-pint of Guinness made with coffee liqueur & Irish cream	

## MOCKTAILS

<b>Peach melba-retti (0%)</b> .....	7.95
Lyre's Amaretti, strawberry syrup, peach purée & lemonade	
<b>Virgin mojito (0%)</b> .....	6.50
Apple juice, elderflower, soda & mint	
<b>Peach or Passion fruit Belli-no (0%)</b> .....	6.95
Peach or Passion fruit purée with Lyre's 0% classico sparkling wine	

## SOFTS & MIXERS

### Bottlegreen sparkling pressés

Choose from apple or elderflower

### Fruit juices

Apple, cranberry, pineapple, tomato or orange

### J2O

Orange & passion fruit, apple & mango or apple & raspberry

### Double Dutch tonics & mixers

Indian tonic, skinny tonic, elderflower, cucumber & watermelon, pink grapefruit, ginger beer, or ginger ale

### Coca Cola original, diet or zero

### Fanta

### Jug of home-made fresh lemonade (4 glasses)

The tang of lemons balanced w/ sweetness that hits the spot every time



## NO / LOW ALTERNATIVES

### Apple-roll Spritz (0%) ..... 7.95

Lyre's Italian spritz, Lyre's classico sparkling wine, apple juice & soda with apple slice

### Lyre's Hugo Spritz (0%) ..... 7.50

Lyre's classico sparkling wine, elderflower, fresh mint & lime

### Strawberry & cherry blossom Spritz (0%) ..... 7.50

Everleaf mountain non alcoholic aperitif, double dutch Indian tonic, with seasonal berries

### Lyre's classico sparkling wine (0%)

### Asahi Superdry 0% 330ml bottle

### Peroni Nastro Azzuro 330ml bottle (0%)

### Guinness 0.0 538ml can (0%)

### Old Mout berries 500ml bottle (0%)

### Big Drop Pine Trail Pale Ale 330ml bottle (0.5%)

Naturally brewed alcohol free pale ale w/ a citrusy bite

### Big Drop Paradiso - Citra IPA on draught (0.5%)

Award winning naturally brewed alcohol free beer w/ hoppy burst of citrus, vegan friendly & gluten-free



## BOTTLED BEERS & CIDERS

**Peroni Nastro Azzurro Stile Capri** 330ml Italy (4.2%)  
Inspired by the refreshing taste & scent of the Mediterranean

**Cornish Orchard** 500ml (4.5%)  
Gentle sparkling, made with 100% dessert apples, using only natural sugars  
Choose from cherry & blackberry or raspberry & elderflower

**Peroni Gluten Free** 330ml Italy (5.1%)  
Subtle citrus aromatic notes without the gluten. Based on the original recipe of 1963

## ON DRAUGHT

### HIGHLIGHTS FROM OUR RANGE

**Asahi Super Dry** Japan (5%)

**Peroni Nastro Azzurro** Italy (5.1%)

**Guinness** Dublin (5.1%)

**Meantime Anytime IPA** (4.7%)

**Grolsch** Netherlands (3.4%)

**Cornish Orchard Gold** Cornwall (4.5%)

**Big Drop Paradiso - Citra IPA** (0.5%)  
Award winning naturally brewed alcohol free beer  
w/ hoppy burst of citrus, vegan friendly & gluten-free



**Dark Star HopHead** Sussex, UK (3.8%)

An extremely clean-drinking pale golden ale with a strong floral aroma & elderflower notes from the Cascade hops. This beer is full-bodied and full-flavoured yet gentle enough to make it a favourite session beer.

Please ask for today's selection of local & national real ales – these change all the time to keep the freshest & most suitable range available to you!

## SPARKLING & CHAMPAGNE

125ml / bottle

**Coates & Seely Brut Reserva** Hampshire, England (12%) ..... £12.00 / £60.00

Extremely pretty English sparkling with apple & lemon-curd aromas.  
Full-bodied with plenty of fruit, a layered texture & a creamy finish

**Coates & Seely Rosé NV** Hampshire, England (12%) ..... £65.00

A beautiful English sparkling rose, with gossamer light construction, pale in colour with scents of rose-hips & strawberry. It's full bodied with plenty of fruit, yet not overdone

**NV Prosecco Via Vai**, Italy (11%) ..... £8.00 / £37.00

Delicate, lively prosecco, fragrant with white flowers & a lime tang on the finish

**Moët Imperial** Moët & Chandon, France (12%) ..... £75.00

A succulent mouthful of pear, peach & a hint of melon preceded by a delightful waft of brioche & citrus fruits



Please note ABV on wines is subject to seasonal variation.  
Prices correct at the time of printing, but are subject to change.

## WHITE

175ml / bottle

**Chardonnay** Les Mougeottes, France (13.5%) ..... £7.50 / £28.50

Vibrant lemon &amp; vanilla on the nose with a round, fruity body

**Gavi di Gavi DOCG** Fontanafredda, Italy (12.5%) ..... £46.50

Delicate, elegant, fresh &amp; fruity with a hint of green apples, pears &amp; melon with a long lasting finish

**La Copa de Macabeo** Coviñas, Spain (11.5%) ..... £6.75 / £25.25

Crisp, dry &amp; refreshing with juicy green apples &amp; white fruit

**Sauvignon Blanc, Frost Pocket** Marlborough, New Zealand (13%) ..... £11.00 / £40.00


Textured &amp; elegant with a distinctive tropical fruit finish

**Petit Chenin Blanc** Ken Forrester, South Africa (13%) ..... £34.00

Fresh white from one of South Africa's most respected producers, fragrant with quince &amp; pear drop, while green apple &amp; grapefruit zap the tongue

## CARAFE SERVES

175ml / 500ml carafe / 1l carafe

 **Laylo Sauvignon Blanc** Loire France (11.5%)

£8.95 / £24.00 / £39.95

Crisp &amp; fruity, with pineapples, green apples &amp; white peach that gives Marlborough Sauvignon run for its money

250ml / 500ml carafe / 1l carafe

**Caramel Apple Sangria**

£9.50 / £19.50 / £36.95

Laylo Sauvignon Blanc, Absolut vodka, Cornish Orchard cider &amp; caramel with an apple slice



## WHITE

175ml / bottle

**Blanc de Blanc** La Cadence, France (11.5%) ..... £6.35 / £24.00

Vibrant wine with fresh citrus &amp; floral aromas

**Pinot Grigio** Venetie Vigna Mescita, Sartori, Italy (12%) ..... £8.35 / £30.50

A crisp, clean Pinot Grigio with white flowers &amp; pears on the palate

**Chablis** Joseph Drouhin, France (12.5%) ..... £60.00

Classic chardonnay with flavours of lemon zest, grapefruit &amp; pear with a touch of herbaceous notes on the nose

**Picpoul de Pinet** Reserve de la Roquemolliere, France (12.5%) ..... £9.50 / £36.00

Soft, floral white, dry &amp; delicate, exuding acacia, hawthorn blossom &amp; citronella

## ROSE

175ml / bottle

**Pretty Gorgeous Rosé** France (13%) ..... £6.45 / £25.00

Fruity with some tropical hints &amp; a slightly off dry style

**Mirabeau Azure Provence Rosé** France (13%) ..... £11.50 / £41.50

A quintessential, dry &amp; elegant pale peach Provence rosé

**La Copa de Bobal Rosé** Utiel-Requena, Spain (12.5%) ..... £6.75 / £25.25

Beautiful, raspberry-pink, slightly sweet rosé from the Bobal grape, exuding wild strawberry, black cherry &amp; a drop of rosewater

## CARAFE SERVE

175ml / 500ml carafe / 1l carafe

 **Laylo Luberon Rosé AOP** Provence, France (13%)

£8.50 / £24.00 / £39.95

A super-pale, dry vegan rosé made in the traditional Provençal style from Grenache, Syrah &amp; Mourvedre grapes. Expect redcurrants, strawberries &amp; long, bracing acidity. The ultimate summer thirst quencher



ROUND & WARM

## RED

175ml / bottle

**Montepulciano d'Abruzzo** Abruzzo, Italy (12%) ..... £8.50 / £32.00

Classic, plum-filled Montepulciano d'Abruzzo, pleasantly scented with violets, peonies & more plums

**Rioja Crianza** Ramón Bilbao, Spain (14%) ..... £39.00

Full of black fruit plus an intriguing sour note

**Merlot Reserva** Vina Leyda, Chile (13%) ..... £9.50 / £36.00

Sweet aromas of plums, cherries & spices followed by dark chocolate notes

**Carignan** La Cadence, France (12%) ..... £6.25 / £23.50

Full-bodied & fruity, packed with red berry aromas & hint of nutmeg

**La Copa de Bobal** Bodegas Coviñas, Spain (12.5%) ..... £6.45 / £25.00

Expressive Spanish red with black fruit & spice

**Pinot Noir** Les Mougeottes, France (13%) ..... £8.00 / £29.50

Clean & precise bouquet with black cherries & raspberry aromas. Medium-bodied with red berry fruits

**Valpolicella Superiore** Veneto, Italy, (13.5%) ..... £10.50 / £39.00

Intense ruby in colour with ripe fruit aromas & notes of cassis, plum & herbs. Medium to full bodied with juicy fruit flavours

SOFT & FRUITY



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ROBUST

## RED

175ml / bottle

**Don David Malbec** El Esteco, Argentina (14%) ..... £9.75 / £37.00

Rich & filled with berries, plum jam & chocolate notes

**Coonawarra Shiraz** Wynns, Australia (14.5%) ..... £39.00

Elegant & silky, with generous mulberry & blackberry notes

## DESSERT WINE

125ml / bottle

**Sauternes "Les Garonelles"** Lucien Lurton, France (14%) ..... £7.95 / £38.00

Expressive nose with aromas of apricot, super-ripe pineapple & crème brûlée, with an elegant & well-balanced long, sweet finish

## PORT

50ml glass

**Cockburn's Fine Ruby 20 year old tawny port** Portugal (19%) ..... £4.95

A smooth full flavour with a toffee nose. Pairs well with cream based desserts

**LBV Port, Quinta do Crasto, Bella Luna** Portugal (20%) ..... £5.50

Award winning, mellow & richly fruity port



## WORLD WHISKYS

HIGHLIGHTS FROM OUR RANGE

### Glenfiddich 12 year old Scotch

Meaning 'valley of the deer' in Scottish Gaelic, with a lower abv than the increasingly popular cask strength Scotches - it's the one to drink when you're drinking more than one

### Jameson Irish Whisky

Distilled three times in copper stills for smoothness - not because they have to but because they want to. Good things come in threes according to Jamo'.

### Suntory Toki Japanese Whisky

This playful blended whisky from the House of Suntory takes its name from the Japanese for 'time'

### Talisker Scotch Whisky

The Isle of Skye's only single malt, & one that is loved all over the world for its maritime character

## BOURBONS & TENNESSEE WHISKEYS


HIGHLIGHTS FROM OUR RANGE

### Jack Daniel's Old No 7

Charcoal mellowed drop by drop

### Maker's Mark

Made from soft winter wheat (instead of the usual rye) for full flavoured bourbon


 Having received B-corp status for championing social & environmental initiatives across the company & industry, Maker's Mark promotes a mission 'make your mark' - 'Leave no trace'

## TEQUILA

HIGHLIGHTS FROM OUR RANGE

### El Tequileno Reposada

Three generations after it's foundation, with history, heritage & passion in every drop the family's legacy continues to influence the production of the finest quality sustainable tequilas

 98% of El Tequileno's production residuals are converted into organic compost which is then used to fertilize their next generation of Agave

### El Rayo No1 Plata

A modern tequila created to mix with tonic water. Move over G&T the T&T has arrived

## VODKA


HIGHLIGHTS FROM OUR RANGE

### Absolut Vodka

Bold & original Swedish vodka. Absolut Vodka launched in New York, 1979 in a transparent & label-less bottle, inspired by an 18th Century medicine bottle

### Mermaid Salt

Created with a pinch of locally sourced sea salt, like the gentle kiss of a mermaid. Distinctive & unique Mermaid salt vodka is a mixologist favourite adding a hint of sea air to their creations

 Certified as net zero through off setting their carbon emissions through their work with projects such as the Ocean foundation which is an extensive sea grass growing initiative

## GIN

### HIGHLIGHTS FROM OUR RANGE

#### Bombay Sapphire

Distilled at Laverstoke Mill in Hampshire. Bombay first burst onto the scene in the late 80's. By focusing on the botanicals they paved the way for a lot of the craft gins we know today

#### Hendrick's

A triumph of the unusual - curious, yet marvellous the infusions of rose & cucumber create the uniquely balanced flavour elevating any cocktail & all occasions

#### Bloom Jasmine & Rose

Sugar free premium pink gin, bursting with exquisite floral flavours


#### Whitley Neil rhubarb & ginger or Sicilian blood orange

From the warming flavours of a rhubarb & ginger crumble to the taste of the Mediterranean sunshine

#### Mermaid

Inspired by its lead botanical rock samphire, known locally as mermaids kiss this hand crafted gin is made from 10 ethically sourced botanicals designed to free your spirit

**Mermaid pink strawberry or zest** from fresh sun-kissed strawberries to coastal rosemary & zesty citrus

 Packaged in full recyclable glass bottles, the seal is made from plant based materials & the stopper is made from sustainably sourced cork

## RUM

### HIGHLIGHTS FROM OUR RANGE

#### Mount Gay

Originally owned by John Sober, who inherited a small distillery at the top of Mount Gilboa in Barbados in 1703

#### Makai spiced rum

Inspired by the spirit of Polynesia blended with rich spices where modern meets tradition & ocean meets jungle

#### Kraken

Named after the sea beast of myth and legend, Kraken Caribbean black spiced rum is bold, rich & smooth





## AFTER DINNER SIPS

Amaretto sweet Italian liqueur

Courvoisier Cognac

Cockburn's Fine Ruby 20 year old tawny port

LBV Port, Quinta do Crasto, Bella Luna, Portugal

Limoncello

## HOT DRINKS

Americano .....	£3.25	Tea .....	£2.95
Cappuccino .....	£3.65	Specialist tea .....	£2.95
Double espresso .....	£3.25	Mocha .....	£3.50
Latte .....	£3.65	Hot chocolate .....	£3.75
Flat white .....	£3.65	Add syrup .....	+50p
Macchiato .....	£3.50	Caramel, hazelnut or vanilla	

*Oat, soya or almond milk  
available on request*



Proudly served with Moon  
Roast small batch coffee,  
roasted in the heart of rural  
Hampshire.

## SCAN FOR ALLERGENS

Our food & drink is prepared in food areas where cross contamination may occur & our menu descriptions are not guaranteed to include all ingredients. If you have any questions, allergies, or intolerances please let us know before ordering. Substitutions are available to support dietary needs.



125ml size also available for all wines served by the glass